

Grace Academy of Performing Arts	Grace Adams	contact@theacademy.org.uk	/	/	/	/	www.theacademy.org.uk	PL1 3JL	Plymouth College Prep school, The Millfields
Hartley House Dance Club	Linda Hesselden	07763494417 linda.hess@btinternet.com	/	/	/	/	www.hartleyhousedance.co.uk	PL1 SBW	17 Hastings Street
Italia Conti Associate School	Becky-Ann Camp	beckydance@btinternet.com	/	/	/	/	www.italiacontiplymouth.co.uk	PL9 9FF	4 Brixchaston Close
Lauren Shields School of Dance	Lauren Shields	(0)7973548355; laurenshieldsdance@live.co.uk	/	/	/	/		PL3 SLF	Compton Methodist Church Hall, Compton
Linda Mortimore & Ryan Moore School of Dance	Linda Mortimore	01752 243791	/	/	/	/		PL7 2EY	
Plymstock School of Dance	Mandy & Michelle Power	01752 401092	/	/	/	/		PL9 9AH	Plymstock Church Hall, Church Rd
Puttin on the Ritz	Bob Gibson and Trish	bobtrish.qibson@btinternet.com	/	/	/	/	www.puttinontheritzdance.co.uk	PL7 2RS	
Jazzercise									
Jazzercise Plymouth	Jane	01752 548083	/	/	/	/	www.jazzerciseplymouth.com	PL7 10W; PL9 8HJ; PL1 50G	Plympton, Plymstock, Plymouth
Jive									
Tanner J Dance Zone	Bob Tanner	01752 283828 tanner-j@blueyonder.co.uk	/	/	/	/	www.tanner-j.co.uk	PL7 2AS; PL2 1HW; PL7 4DP; PL3 4JQ; PL12 6JQ; PL4 7PY; PL9 8PR	
Puttin on the Ritz	Bob Gibson and Trish	bobtrish.qibson@btinternet.com	/	/	/	/	www.puttinontheritzdance.co.uk	PL7 2RS	
Plymouth Jive Club	Paul Thornton	01752 221531	/	/	/	/	www.plymouthjiveclub.co.uk	PL1 4EL	Devonport Guildhall, Ker Street
LeFloc	Michelle Ireland and Alan	01752 786864	/	/	/	/	www.southwestswinq.org.uk/plymouthleloc	PL2 3JP	Church of the Holy Family, Beacon Park Road, Beacon Park
L									
Latin Ballroom									
Dancing Duo	Henry and Jeannie Clark	01803 325905	/	/	/	/	www.dancingduo.co.uk	PL1 50G	City College Plymouth
Jan's Candlelight Dancing	Jim Furston	01636 255123 / jimfur@btopenworld.com	/	/	/	/	www.southwestswinq.org.uk/jims	PL1 50G	City College Plymouth
Puttin on the Ritz	Bob Gibson and Trish	bobtrish.qibson@btinternet.com	/	/	/	/	www.puttinontheritzdance.co.uk	PL7 2RS	Ridgeway School Main Hall, Moorland Road, Plympton
Premier Dance School	Inez Hamlyn	01752 480880	/	/	/	/		PL4 9DA	Tothill Community Centre, Knighton Road, St Judes
Tanner J Dance Zone	Bob Tanner	01752 283828 tanner-j@blueyonder.co.uk	/	/	/	/	www.tanner-j.co.uk	PL7 2AS; PL2 1HW; PL7 4DP; PL3 4JQ; PL12 6JQ; PL4 7PY; PL9 8PR	
Lindy Hop									
Mad about Swing	Duncan and Louise	duncanandlouise@madaboutswing.com	/	/	/	/	www.madaboutswing.com	PL4 8HN; PL4 8AQ; PL9 9LT	Plymouth Centre, The Roundabout and Plymstock
M									
Morris Dance									
Plymouth Morris Men		plymouth.morris@blueyonder.co.uk	/	/	/	/	www.plymouthmorrismen.org.uk	PL3 4HA	Plymouth City Bus Social Club, Alma Road, Milehouse
Plymouth Maids		plymouthmaids@hotmail.com	/	/	/	/	www.plymouthmaids.co.uk	PL3 4HA	Plymouth City Bus Social Club, Alma Road, Milehouse
Musical Theatre									
City Dance	Lisa Cowley	info@city-dance.co.uk; citydanceuk@gmail.com	/	/	/	/	www.city-dance.co.uk		
Hartley House Dance Club	Linda Hesselden	07763494417 linda.hess@btinternet.com	/	/	/	/	www.hartleyhousedance.co.uk	PL1 SBW	17 Hastings Street
Lauren Shields School of Dance	Lauren Shields	(0)7973548355; laurenshieldsdance@live.co.uk	/	/	/	/		PL3 SLF	Compton Methodist Church Hall, Compton
Italia Conti Associate School	Becky-Ann Camp	beckydance@btinternet.com	/	/	/	/	www.italiacontiplymouth.co.uk	PL9 9FF	4 Brixchaston Close
Stage Coach	Frances May	01803 868831 plymouth@stagecoach.co.uk	/	/	/	/	www.stagecoach.co.uk/plymouth	PL2 2DP; PL21 0SZ	
N									
O									
P									
Pole Dancing									
The Art of Dance	Sam Remmer	01752 260020 sam@theartofdance.co.uk	/	/	/	/	www.theartofdance.co.uk	PL4 6QH	26 Seaton Lane, Plymouth
Q									
R									
Rock									
City Dance	Lisa Cowley	info@city-dance.co.uk; citydanceuk@gmail.com	/	/	/	/	www.city-dance.co.uk		
S									
Salsa									
Salsa Conmito	Kevan Kennedy	07810435093 keven@salsaconmito.co.uk	/	/	/	/	www.salsaconmito.co.uk	PL1 3LG; PL7 4DP; PL6 5DH; PL4 0DN	
Salsa Plymouth	Avron and Ines	07884381296 salsaines@hotmail.com	/	/	/	/	www.salsaplymouth.co.uk	PL4 0LG	Nuffield Health, Barbican Leisure Park
Latin Lounge	Jon and Louise	7806789335	/	/	/	/	www.salsa-vida.co.uk	PL9 9LT	The Staddy function centre, 144 Stadlicombe Road
Salsa Vida	Andrew	0754346755 info@latinlounge.co.uk	/	/	/	/	www.latinloungeplymouth.co.uk	PL4 0DN	The Marina Bar, Vauxhall Quay, Sutton Harbour, The Barbican
Salsa Southwest	Dave	07666 363316 dave@salsasouthwest.com	/	/	/	/	www.salsa-southwest.com		
Sequence Dancing									
Pennines Sequence Dance Club	Roy Charlick & Joan	01752 562874	/	/	/	/	www.sequencedancing.co.uk/ourclubs	PL2 2CP	Holy Family Church Hall, 138 Beacon Park Road
Premier Dance School	Inez Hamlyn	01752 480880	/	/	/	/		PL4 9DA	Tothill Community Centre, Knighton Road, St Judes
Tothill Daytime Sequence Dancers	Jan & Frank Stanley/Roy Charlick & Joan	01752 881557 / 01752 562874	/	/	/	/	www.sequencedancing.co.uk/ourclubs	PL9 9LT	Tothill Community Centre, Knighton Road, St Judes
Ballroom and Sequence Dancing	Nicky Muzael	01752 4931489	/	/	/	/		PL6 5DH	Crownhill & District Royal British Legion Club, Talylour Rd
Modern Sequence Dancing Club		01752 493311	/	/	/	/			
Sequence Dance		01752 338110	/	/	/	/		PL4 9DA	Tothill Community Centre, Knighton Road, St Judes
Modern Sequence Dancing		01752 493311	/	/	/	/			St Gabriel's Church Hall, Hyde Park
Adult Ballroom and Latin Practice Dance		01752 283828	/	/	/	/			Pilgrim Church Hall, St Levans Road, Milehouse
Social Dancing									
South West Country		01752 263980	/	/	/	/			Harewood House, Plympton
Line Dance Social to Country Music Bands		07854 699683	/	/	/	/			Devonport High School, Lyndhurst Road, Peverell.
Exercise Classes for the over 60's		01752 408951	/	/	/	/			Keyham Methodist Community Hall
Tap									
Attitudes Dance School	Danni Halifax	info@attitudesdance.co.uk	/	/	/	/	www.attitudesdance.co.uk	PL7 4LT; PL6 8BH	Hele's School, Plympton/Marjons Sports Centre
Ballet School of Performing Arts	Laura Free	01752 880009	/	/	/	/	www.balancedance.co.uk	PL12 6JQ; PL7 5DD; PL8 2EB	Sparkwell Parish Hall and Westminster W.I Hall
Celia School of Ballet and Tap	Celia Bloadon	01752 362930	/	/	/	/		PL5 15B	29, Bickham Rd, St. Budeaux
Devon Dance Academy	Deborah Bond	dance@deborahbond.co.uk	/	/	/	/	www.deborahbonddance.co.uk		
Geraldine Lamb School of Dance	Sue Cook	thedanceschool@blueyonder.co.uk	/	/	/	/	www.saltashoperadialemb.tripod.com	PL12 4BY	Bredon, Lower Port View, Saltash
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Jamella School of Dance	Jackie Maafi	07289630113	/	/	/	/		PL1 1TU	Jamella Dance Studios, 17 Octagon Street
Jurek Sroka School of Dance	Jurek Sroka	01752 881669 shvia.sroka@btinternet.com	/	/	/	/		PL8 2LK	Knights Orchard, Boldventure, Plymouth
Lauren Shields School of Dance	Lauren Shields	(0)7973548355; laurenshieldsdance@live.co.uk	/	/	/	/		PL3 SLF	Compton Methodist Church Hall, Compton
Linda Mortimore & Ryan Moore School of Dance	Linda Mortimore	01752 243791	/	/	/	/		PL7 2EY	
Marnic School of Dance	Mrs Easterbrook	01752 216456	/	/	/	/		PL7; PL7 4PG	Plympton Masonic Hall and St Peters Lutheran Church, Plympton
Plymstock School of Dance	Mandy & Michelle Power	01752 401092	/	/	/	/		PL9 9AH	Plymstock Church Hall, Church Rd
Tracy Sanders School of Dance	Tracy Sanders	0779324254	/	/	/	/			
Val Anne School of Dance	Valerie-Ann Harvey	01752 347227	/	/	/	/		PL7 4BU	
Tango									
See Argentine Tango									
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Zumba									
Viva Dance	Andrea Avery	01752 881664 / 01752 206968	/	/	/	/		PL5 3NG	Plymouth YMCA, Honicknowle Lane
Zumba Fitness	Shereen	shereen.fitness@btinternet.com / 01752 837017/07776 100999	/	/	/	/	www.zumbazone.co.uk	PL7 2RS; PL9 7JY; PL7 5DD	
Zumba Zone	Claire Batten	07766 130038 ; claire@zumbazone.co.uk	/	/	/	/	www.zumbazone.co.uk	PL9 9AZ; PL6 5YB; PL7 4LT; PL1 1SD	
Zumbalicious	Gemma	info@zumbalicious.co.uk	/	/	/	/	www.zumbalicious.co.uk	PL19 9JN; PL5 2AF; PL4 7PG; PL6 8UN; PL6 6AB; PL7 5EB	