

## **SOCIAL DANCING**

**Compiled by Jimmy Nuttall**

**13/11/2014**

**Updated 02/02/16**

**All lists are compiled alphabetically in order that the document is purely informative and non-biased. It is recommended that you take time to familiarise yourself with the whole document. This way you can get a complete picture of the document's subject matter.**

### **SOCIAL DANCING**

#### **Adult Ballroom and Latin Practice Dance**

Pilgrim Church Hall, St Levans Road,  
Milehouse

Sundays 6.30pm to 8.30pm £2.50  
(except bank holidays). Good floor and  
music!

01752 283828

#### **Ballroom and Sequence Dancing**

Crownhill British Legion with Nicky  
Muzzell

(non tuition)

Mondays 9.00pm to 11.00pm

01752 491489

#### **Ballroom & Social Sequence Dancing**

Various dates

Plymstock Community Centre every  
Tuesday afternoon 2pm until 4pm and  
every third Monday of the month from  
7.30pm until 10.30pm. Details 01752  
251313 or 01752 668017.

## Circle Dance

Thursdays. Yealmpton Circle Dance Group. Yealmpton Community Centre, Stray Park, Yealmpton, PL8 2HF. 7.30pm-9.30pm.

A variety of dance styles from gentle and expressive to lively and joyful. Traditional and contemporary world music. Good for mind, body and spirit. Clearly taught and easy to learn. No partner needed. Friendly and fun. 01752 880196 for details.

## Classique Dance Studios

Based in Stoke we have classes available for all ages starting from three years old in ballet, jazz, musical theatre, cheer leading, and street dance. Classes run from Monday to Saturday, after February half term we are starting 'A Day of Dance' every Saturday for children from 6 to 10 years which includes musical theatre group, cheer leading, street dance, ballet and jazz classes from 10.30am-3.30pm. Anyone interested in joining Classique Dance Studios or the new 'Day of Dance' on Saturday's please email [classiquedancestudios2014@gmail.com](mailto:classiquedancestudios2014@gmail.com) [www.classique-dance-studios.com](http://www.classique-dance-studios.com)

## Clog dancing

Thursdays

A fun way to exercise! The Plymouth Maids clog dancers are a small, friendly group of women who welcome new members. From the beginning of February to the end of April we will practice at St Bartholomew's Church Hall, opposite the Life Centre, on Thursdays 8-9.45pm. No previous dancing experience is needed, just a sense of rhythm. Come along and give it a try. For details contact Shirley on 01752 407676.

## Exercise Classes for the over 60's

Keyham Methodist Community Hall

Wednesdays 10.15am to 11.15am

Exercise classes for the over 60s or anyone who has a disability. These exercises are to help improve core muscles and improve coordination, mobility, balance and well-being. The routines are done to music, fun and easy to follow. There is quite a social side to the session with everyone finishing with a chat and a cuppa at the end. The cost is £1.50. Please come and see around for yourself. For more details call Bridget on 01752 408951.

## **Line Dancing**

Tuesday Evenings.

All levels, from beginner to advanced. 99 per cent country music. Very friendly club. Pennycross Methodist Church Hall, Beauchamp Rd Peverell  
Tel: Kathy 07780 931456

## **Line Dance Social to Country Music Bands**

Devonport High School, Lyndhurst Road, Peverell.

One Friday of every month. Everyone welcome. Telephone Mike 07854 699683

## **Mini Dance Machine**

Thursdays

At Rees Youth Centre, Mudge Way, Plympton. Modern fun disco dance group for children. 4.15pm- 5pm for ages 4 to 6; 5pm-6pm ages 6 to 10. £2 per session. Call Lisa 07896 105 479.

## **Modern Sequence Dancing**

Tuesdays and Wednesday

Sequence dancing for all. Further details  
01752 493311

## **Modern Sequence Dancing Club**

Tothill Community Centre.

Saturdays 7.30pm to 10.00pm. All welcome. 01752 338110

## **Northern Soul Dancing- Motown Nights**

Every 1st Friday of the month there is a Northern Soul/Motown night held here on an alternating basis. Northern Soul starting things off in February, then Motown in March and so on. A great night to be had by all. Fantastic Music from the past and some amazing dancing.

Contact:  
01752 662947

5 St Gabriel's Ave,  
Plymouth, Devon, PL3 4JQ

## **Pennycross Sequence Dance Club**

Meets at the Holy Family Church Hall,  
Beacon Park Road, Plymouth

Mondays 6.30pm beginners class with step

by step instruction.

Mondays 7.45pm sequence dance.

Fridays at 7.30pm for sequence dance

## **Saturday Dances**

Various dates

City college Plymouth with Dancing Duo Henry & Jeannie 8pm-11.15pm. Entry £7 on the door. April 5- Spring flowers are blooming; April 19- Easter Dance; May 3- Oklahoma Hoedown; May 17- Lilactime Dance; May 31- Disneyland Magic; June 14- The swinging sixties; June 28- Flaming June- If we're lucky; July 12- Summer Ball and Birthday Bash; July 26- Summer Holiday

## **Sequence Dance**

St Gabriel's Church Hall, Hyde Park  
Saturdays 7.30pm to 10.00pm

## **South West Country**

Line dancing to top country music bands at Harewood House, Plympton.

Last Saturday each month .01752  
263980

## **Tanner-J Dance (Harewood House Plympton)**

Wednesdays:

6:30pm Dance Fitness (First Class for FREE)

7:30pm Ballroom & Latin

Wednesdays: 7:30pm Beginners Strictly Ballroom & Latin

Fridays: 10:30 am Dance 'N' Tone

9:00pm Intermediate & Advanced Ballroom & Latin

## **Traditional English Dance (Morris)**

Wednesdays

The Plymouth Morris Men meet at the City Bus Social Club Milehouse every Wednesday from 8pm till 10pm from Now until May the 1<sup>st</sup> when their dancing out season starts. They are looking for some men to help take forward the Sherborne dance tradition. It is great fun and a good way to keep fit and have a great social life. To find out more contact us via the website [www.plymouthmorrismen.org.uk](http://www.plymouthmorrismen.org.uk), phone Dan on 07794 848 425 or just turn up and give it a try. No previous experience necessary.

## **Valanne School of Dance**

Chaddlewood Farm, Community Centre  
Plympton

Ballet, tap, modern stage and street dancing

Call 01752 347227